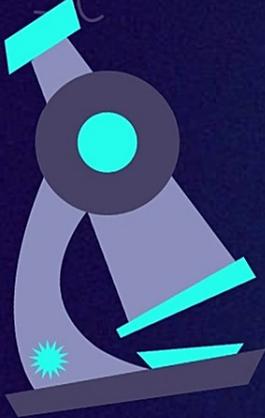


STEP 2

$$a^2 + b^2 = c^2$$



A

?

Disinfect the thermometer, and take two 'pre-test' measures:

the skin temperature
the body temperature

+

D

Hold the hand in the water for 30 seconds

Immediately after:
record skin and inner
body temperature

Note other changes to
the hand (color, shiver)

B

Record the room
temperature

Wait at least two minutes
between D and E

E

Pour 1/2 litre warm
water in a bowl. Make
sure it can cover the
whole hand from the
wrist down.

Record the water
temperature $40-45^{\circ}\text{C}$

C

Pour 1/2 litre cold
water in a bowl. Make
sure it can cover the
whole hand from the
wrist down.

Record the water
temperature $5-10^{\circ}\text{C}$

F

Hold the hand in the
water for 30 seconds

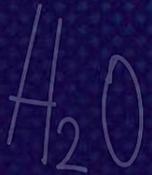
Immediately after:
record skin and inner
body temperature

Note other changes to
the hand (color, shiver)

Tips to
teacher!



$$\pi = 3.14$$



$$E = mc^2$$